



Friendshifts: The Power of Friendship and How It Shapes Our Lives

Jan Yager

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A comprehensive study of friendship including children and friendship, marriage and friendship, how friendships are initiated and maintained; the best predictor of longevity in friendship; how the friendship principles that Dr. Yager learned could be applied to other relationships; index; linedrawings; charts and self-quizzes.

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Terri Mitchell:

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