



# **A History and Philosophy of Sport and Physical Education: From Ancient Civilizations to the Modern World**

*Robert Mechikoff*

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This engaging and informative text will hold the attention of students and scholars as they take a journey through time to understand the role that history and philosophy have played in shaping the course of sport and physical education in Western and selected non-Western civilizations. From Mesoamerica and Ancient Greece to the 2008 Olympic Games, the book touches on religion, politics, social movements, and individuals as they contributed to the development of sport and physical education. An extensive array of pedagogical tools--including timelines, comprehensive lists of chapter objectives, suggested websites, and discussion questions--aids the learning experience.

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