



The Mind-Body Mood Solution (The BREAKTHROUGH DRUG-FREE Program for LASTING RELIEF from DEPRESSION)

PhD Jeffrey Rossman

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Do you feel emotionally exhausted? Do you wake up tired every morning? Are you helpless against food cravings that add extra pounds? Are you holding back feelings of resentment or anger? Do you feel like your life is stuck in neutral? If you have any of the above symptoms, then you need to know about a breakthrough new program created by Dr. Jeffrey Rossman, one of America's most respected psychologists. He received his PhD in clinical psychology from Adelphi University, then went on to do his clinical psychology internship in the Department of Psychiatry at Harvard Medical School. Dr. Rossman's program is now revealed in The Mind-Body Mood Solution, and you're invited to read it RISK-FREE! Step-by-step, it reveals practical ways to help you overcome mild and moderate depression and restore a sense of calm and control in your life without prescription drugs.

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