



The Little Bubishi: A History of Karate for Children

Andrew O'Brien

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Many books have been written about the origins of Karate-Do and the legendary masters who caused its meteoric rise into what has become a worldwide sporting phenomenon. Karate is practiced by tens of millions in over seventy countries. Although most of its practitioners are children, the majority of books that have been written are for adults. The Little Bubishi tells the story of karate and the amazing tales of its legendary masters in an enjoyable way that is intended for children. But the story is enjoyable for readers of all ages. The legends of Karate-Do are brought to life in its beautifully descriptive stories that tell of the heroics and steely determination that embody karate history. The peaceful philosophies behind this multi-layered martial art are too often overlooked, while its graphic fighting forms more often take center stage. Karate is explained simply, so children may gain a greater understanding of the true meaning and nature of Karate-Do. The Little Bubishi: A History of Karate for Children is essential reading for all young karate enthusiasts. Andrew Michael O'Brien has taught hundreds of children karate over three decades, and has always used storytelling to motivate them. "I also realized that no books like this have ever been written for children." He lives in Cardiff, Wales, and is working on his next two children's books. Publisher's Website: <http://www.strategicpublishinggroup.com/title/TheLittleBubushi.html>

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