



# **Serving Military Families in the 21st Century (Textbooks in Family Studies)**

*Karen Rose Blaisure, Tara Saathoff-Wells, Angela Pereira, Shelley MacDermid Wadsworth, Amy Laura Dombro*

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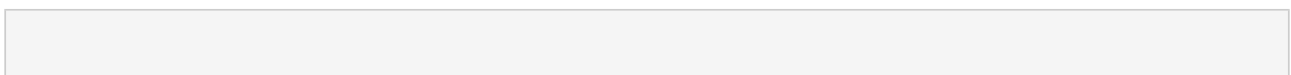
This text introduces readers to military families, their resilience, and the challenges of military life. Personal stories from active duty, National Guard, reservists, veterans, and their families, from all branches and ranks of the military, and those who work with military personnel, bring their experiences to life. A review of the latest research, theories, policies, and programs better prepares readers for working with military families. Objectives, key terms, tables, figures, summaries, and exercises, including web based exercises, serve as a chapter review. The book concludes with a glossary of key terms.

## **Engaging vignettes are featured throughout:**

- **Voices from the Frontline** offer personal accounts of issues faced by actual program leaders, practitioners, researchers, policy makers, service members, and their families.
- **Spotlight on Research** highlights the latest studies on dealing with combat related issues.
- **Best Practices** review the optimal strategies used in the field.
- **Tips from the Frontline** offer suggestions from experienced personnel.

The book opens with an introduction to military culture and family life. Joining the military and why people do so are explored in chapter 2. Next, life in the military including relocation, employment, education, and deployment are examined. Daily lives of children in military families are explored in chapter 4. How stress and resilience theories are used in working with military families are then reviewed. Chapter 6 focuses on milestones experienced by service members and programs that support them through these transitions. Everyday issues caused by the trauma of war are reviewed in Chapters 7 and 8. Programs, policies, and organizations that serve military families in dealing with deployment, education, and health and child care are explored in chapters 9 and 10 followed by initiatives supporting reintegration and reunification issues. Next, how to work with families and those who have experienced traumatic events is considered. The book concludes with a review of career opportunities and stories from working professionals.

Intended as a text for advanced undergraduate or graduate courses on military families or as a supplement for courses on the family, marriage and family, stress and coping, or family systems taught in family studies, human development, clinical or counseling psychology, sociology, social work, and nursing, this book also appeals to helping professionals who work with military families.



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