

How to Speak to an Owl: 11 Activities to help you Discover Your Spirit Language and Develop Your Energy Intuition

Magnolia Hu

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Intriguing, simple and surprising! This "How to" book will take your intuition and your spirit to a new level. There are 11 activities for you to try, all set within the story of the author's own development over many years of spirit adventures. She suggests that everyone has the beginnings of their own Spirit Language but few people know how to develop or use it.

"You are not just a human being, you are a Spirit being. You can do so much more with your spirit communication – you can communicate with the energy of the whole universe and bring benefit to yourself and others." the author says and she should know. Magnolia Hu is a Chi Master and has a PhD in Learning and Design. She has studied in the ancient energy traditions of Qigong, Neigong, Dzogchen, Tao and Shamanism for the past 18 years and written and taught on these topics to a wide range of audiences.

But what has an Owl got to do with all this? Communicating with spirit animals does sound strange but the author tells that the most fun she has had tapping into her intuition and spirit guidance is since she met one. She says "Putting a 'face' to the energy of the universe is a brilliant way to communicate and is an essential tool for tapping into your higher self. This type of energy communication can be traced back through every culture on the planet. It's part of our human heritage."

Magnolia has taken care to design the 11 activities in this book so that they awaken the talent you already have, creating a bridge between your ordinary world and the abundant energy and insight of your higher self. As a result you can enjoy more flow, wisdom, alignment and divine connection in every aspect of your life. You'll want to revisit this book again and again as you make the activities your own and bring to life the dormant seeds of your spirit knowing. You'll need a notebook or a learning journal to begin.

If you enjoy this book, you might also enjoy the other titles in this series "Owl Messages – Animal Spirit Guidance for Living a Lighter Life" and "Owl Moments – Animal Spirit Guidance for Creative Self Healing" Search Amazon Kindle for 'Magnolia Hu' or Visit http://amzn.to/15lQ86q

A Personal Note from the Author

Many scientific studies are now showing the importance of developing brain function in new ways. They are starting to recognise that intuition and heart/body knowing are the keys to unlocking so much human potential. Albert Einstein said "The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have a created a society that honors the servant and has forgotten the gift." Fortunately, you don't have to wait for scientists to catch up with what you already know is true before you find the gift of energy connection.

Energy is the final frontier. It's the new universe to explore, the universe for which the ancient masters hold the wisdom compass. Quantam physics, Neuroscience, Alternative Medicine, and Positive Psychology discoveries can only barely touch on what you can experience directly, now, for yourself - if you know how

to practice. The pure energy of life and spirit flowing all around us and through our body's energy channels is the key to experiencing deep joy, love, generosity, warmth, creativity, connectedness, confidence, healing and tangible bliss. This energy enlightenment really is within everyone's reach.

Contact me to join my Special Practice Group.



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