



Semi-Homemade Cooking Made Light

Sandra Lee

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Make it fast, easy, delicious *and* healthy, with Sandra Lee

Enjoying great-tasting home-cooked food that's also good for you has never been so simple. For less than the cost of a dinner out, this new cookbook from Food Network star and best-selling author Sandra Lee will inspire you to re-think the way you cook. Her unique Semi-Homemade^(TM) cooking formula combines 70 percent ready-made and 30 percent fresh ingredients for fast, delicious results. Learn how to make the most of heart-healthy foods and smart ingredients like lean turkey, salmon, whole grain couscous, vitamin-packed sweet potatoes, and other "power foods." Includes more than 140 quick, easy and healthful recipes, plus gorgeous color photos of every recipe.

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The reason why? Because this Semi-Homemade Cooking Made Light is an unordinary book that the inside of the reserve waiting for you to snap this but latter it will shock you with the secret this inside. Reading this book close to it was fantastic author who also write the book in such remarkable way makes the content interior easier to understand, entertaining means but still convey the meaning completely. So , it is good for you for not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of advantages than the other book possess such as help improving your talent and your critical thinking method. So , still want to hesitate having that book? If I were being you I will go to the book store hurriedly.

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