



Handbook of Pediatric Obesity: Etiology, Pathophysiology, and Prevention

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Understanding the numerous factors involved with body weight regulation and identifying interventions to prevent or treat the problem is an enormous task in and of itself. Addressing this issue in growing children is further complicated by the diverse challenges specific to children. Because of this, the field of childhood obesity is both extremely specialized and multidisciplinary. Featuring contributions from leading experts, Handbook of Pediatric Obesity: Etiology, Pathophysiology, and Prevention examines the problem of childhood obesity at the social, behavioral, environmental, metabolic, and genetic levels.

Michael Goren and Melinda Sothern are winners of the 2009 Oded Bar-Or Award for Excellence in Pediatric Obesity Research sponsored by the Obesity Society Pediatric Obesity Section

The book begins with a summary of the epidemiology of childhood obesity, stressing health and economic consequences. Focusing on the etiology of childhood obesity related to the regulation of body weight/energy balance during growth and development, the editors and their panel of experts examine obesity-related diseases in children such as pediatric type 2 diabetes, cardiovascular disease risk factors, and the metabolic syndrome. They close with detailed reviews of behavioral and environmental aspects and overviews of interventions for treatment and prevention.

The subject of obesity in growing children is, and will continue to be, a moving target for professionals in the field. Covering a wide range of applications and tools, this comprehensive book clarifies the challenges and offers strategies for their solution.



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John Coffin:

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Roberta Anglin:

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