



# Cutting the Soul: A journey into the mental illness of a teenager through the eyes of his mother

*Theresa Larsen*

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## **Cutting the Soul: A journey into the mental illness of a teenager through the eyes of his mother**

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Theresa Larsen's son, Matthew, comes to her with a cut on his hand, explaining it away as an accident with a pocket knife. But as she cleans and treats the wound, she discovers dozens of slashes covering both of his arms. Thus begins Larsen's compelling personal memoir about what it's like to be the parent of a mentally ill teenager.

*Cutting the Soul* offers a firsthand look at mental illness, both financially and emotionally. Matthew, fourteen years old when he starts cutting, goes on to face other hardships, including suicide attempts, severe depression, and multiple stays in psychiatric hospitals.

Readers get an inside look at Matthew's life through the inclusion of his selected journal entries, and Larsen shares her own struggles with personal demons as she tries to help her son. It's a first-person account and an educational guide worth reading for any parent who's coping with the mental illness of a child.

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The reason? Because this Cutting the Soul: A journey into the mental illness of a teenager through the eyes of his mother is an unordinary book that the inside of the reserve waiting for you to snap it but latter it will zap you with the secret this inside. Reading this book alongside it was fantastic author who else write the book in such wonderful way makes the content inside easier to understand, entertaining way but still convey the meaning fully. So , it is good for you for not hesitating having this nowadays or you going to regret it. This excellent book will give you a lot of benefits than the other book get such as help improving your expertise and your critical thinking method. So , still want to hold up having that book? If I ended up you I will go to the guide store hurriedly.

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