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Por innumerables generaciones el aceite virgen de coco se ha usado a través del mundo como un alimento nutritivo y como una medicina curadora. Su uso terapéutico se describe en antiguos textos médicos en la India, Egipto, y la China. Entre los de las islas del Pacífico el coco se considera un alimento sagrado. El aceite se reverencia por sus propiedades curadoras y forma una base para casi todas sus curas y terapias tradicionales. La ciencia de medicina moderna está descubriendo los secretos de los poderes milagrosos del aceite virgen de coco. El aceite de coco de una forma u otra se está usando actualmente en medicamentos, fórmulas para recién nacidos, productos de forma física y deportes, fórmulas para los hospitales, y aún como una ayuda para perder peso. Muchos doctores y nutricionistas lo consideran el aceite más nutritivo de todos los aceites del mundo. En este libro descubrirá cómo muchos usan el aceite de coco para prevenir y tratar las condiciones del corazón, la alta presión, la artritis, La Cándida, el herpes, alergias, la soriasis, influenza, la diabetes, y mucho más.

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