



**Slow Cooker Meals: Top 45 Paleo Slow Cooker Meals To Keep Your Crockpot Busy And Your Stomach Satisfied-Practice A little Self Love With Simple Ingredients ... Slow Cooker Cookbook, Paleo Slow Cooker)**

*Maggie Bradley*

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## **Top 45 Paleo Slow Cooker Meals To Keep Your Crockpot Busy And Your Stomach Satisfied**

**A simple way to make eating real food a reality. Your crock pot can become your best friend in the kitchen. Make healthy decisions with these crockpot meals.**

**If you have been doing a lot of research on the Paleo diet and would like to give it a try, then this book is a great tool to start with. The Paleo diet is easier to follow than you think, especially when you prepare your meals using a slow cooker.**

A slow cooker will not trap you in your kitchen for extended lengths of time to prepare your meals. Instead, you will only have to combine the ingredients in the pot, plug it in, and then put it in the right settings for it to cook your food. This setup is extremely convenient even for the busiest people.

The Paleo diet calls for whole foods, particularly meats, vegetables, and fruits. You can create an extremely wide range of tasty dishes with these ingredients using a slow cooker. In fact, forty-five Paleo recipes are waiting for you in this book, including appetizers, soups, main dishes, vegetarian meals, and even desserts!

So get ready to enjoy a healthier lifestyle with the help of the Paleo diet and your slow cooker.

## **Here Is A Preview Of What You'll Learn...**

- Ginger Chicken Wings with Coconut Aminos
- Pork and Cabbage Stew
- Mushroom-stuffed Flank Steak
- Teriyaki Beef and Broccoli Stew
- Cucumber Vichyssoise with Roasted Red Pepper Swirl

- Indonesian Chicken with Zucchini
- Sweet and Sour Cabbage Soup
- Red Snapper with Caramelized Garlic Sauce
- Stuffed Green Pepper Soup
- Shrimp, Artichoke, and Pepper Stew
- Cod and Vegetable Chowder
- Much, much more!

**Download your copy today!**

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**Margaret Barone:**

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