



# Why am I sick?: What's really wrong and how you can solve it using META-Medicine (r)

*Richard Flook*

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Have you ever asked yourself, "why am I sick?" and found your doctor can't tell you why? They don't know the cause. Just look at any medical dictionary and for 99% of diseases, 'The cause is not known'. The question is, how can you cure a disease if you don't know the cause? Richard Flook explains how disease really works, showing you how the body has not made a mistake, that there are stressful events that cause diseases to occur. He tackles the challenging questions of why cancers develop, how depression is caused by multiple shocks, how allergies start, why mass vaccination is not the answer and how our present way of treating disease is in desperate need of updating. This book is aimed at anyone interested in health. It will challenge your present belief system about disease and at the same time answer your questions as to 'Why am I sick?' and what you can do about it.

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