



Post-Traumatic Stress Disorder (NICE Guideline) (National Clinical Practice Guideline)

National Collaborating Centre for Mental Health

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This evidence-based clinical guideline commissioned by NICE (National Institute for Clinical Excellence) presents guidance on the management of post-traumatic stress disorder (PTSD) in primary and secondary care. This volume includes all the evidence on which the guideline statements are based, and a detailed explanation of the methodology behind the guideline's preparation. Comprehensive information about PTSD (including prevalence, risk factors and diagnosis) and testimonies from PTSD sufferers are also provided. An essential resource for all professionals involved in the management of PTSD, this book is a milestone in the development of truly independent and transparent clinical guidance and an essential tool in improving the quality of mental health care in the UK. Included is a data CD-ROM presenting: Full details of studies included in the guideline and reasons for excluding studies, with reference list. A full list of guideline statements. All meta-analytical data presented as forest plots. Detailed information about how to use and interpret forest plots.

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