



Live Your Dream: Second Edition

Joyce Chapman

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The purpose of this book is to assist you in actively being the person you want to be, and acquiring the tools and mastering the skills necessary to achieve your ultimate potential. Joyce Chapman wants you to take charge of your life and change it! Based on her successful workshop series and home study programs, this book challenges you to reclaim and re-energize your life. The step-by-step program will help you recognize your belief systems, overcome internal obstacles and reclaim the daily joy of every day life.

Called "a manual for life", this is a commanding and empowering book that invites you to reclaim your life and dreams and embrace joyfulness each day. By applying Joyce's interactive techniques to your daily life, you will discover a new joy of living and renewed sense of self and purpose-and become an actualized dreamer.

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