



Muy Bueno: Three Generations of Authentic Mexican Flavor

Yvette Marquez-Sharpnack, Veronica Gonzalez-Smith, Evangelina Soza

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By popular demand, MUY BUENO is now available in a beautiful hardcover edition!

Siéntate a comer, esta muy bueno! {Sit down and eat, it s very good!} This was how Jesusita Mendias-Soza always welcomed guests to her table. The same words served as inspiration for her daughter Evangelina and granddaughters Yvette and Veronica, who wanted to honor her memory and preserve their family's recipes and stories for future generations. They started the Muy Bueno Cookbook blog in 2010 with this idea in mind, and quickly attracted thousands of fans and followers who fell in love with Muy Bueno's flavorful Mexican recipes, heartwarming family stories, and beautiful photography. Now they open their hearts and kitchens to an even wider audience in their first cookbook.

Spanning three generations, Muy Bueno offers over 100 recipes: traditional old-world northern Mexican recipes from Jesusita s kitchen; comforting south of the border home-style dishes from Evangelina; and innovative Latin fusion recipes from Yvette and Veronica. Also includes a chile glossary with photos, step-by-step instructions for roasting chiles, making tamales, and red chile sauce.

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