



Youth Coaching: Four Keys to a Successful Season

Bruce Brown

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1 - Planning the Season

- Eight critical points in the season - Master season checklist - Daily practices - Parent meeting - Coaching your own child

2 - Teaching the Game

- Maximizing the possibilities - How to teach a physical skill - Define, Model, Shape and Reinforce

3 - Motivating Your Athletes

- Keys for motivated teams – Motivation in action – Keys to positive motivation – Using punishment sparingly – Game day motivation

4 - Intentionally Building a Positive Team Culture

- Signs of a good team culture – Team standards and values – Example of team standards and responsibilities for athletes, parents and coaches – Season assessment model

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