



Meridians and Acupoints-for acupuncture and massage professional-with CD (Chinese Edition)

Shen Xue Yong, Xu Neng Gui

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This book, Meridians and Acupoints, edited by Shen Xueyong and Xu Nenggui, has three parts. The first part is an introduction to meridians and acupoints. Chapter one is a meridian overview, elaborating the content of the main components of the meridian system, the role of the meridian and its clinical application of the theory. Chapter two is an acupoints overview, introducing the classification of acupoints, naming, positioning method, role and attending law and the concept and application of specific points. The second part is the discussion of meridians and acupoints, which is the main part of the book. Chapter three describes the twelve regular meridians and the corresponding acupoints. It first discusses the meridian distribution and disease symptom, then introduces the acupoints positioning, anatomy, attending and operation. The fourth chapter describes the distribution, function and disease symptom of eight extraordinary meridians, the introduction of Ren meridian and governor meridian is the same style with the twelve regular vessels. Chapter five makes a brief introduction of the common acupoints. At the end of the book there are three color pictures of acupoints of 14 meridians and common acupoints of human body, so that readers can have an overall understanding and comparison. The sixth chapter in the third part describes the basic concepts, content, meaning and application of the four terms, root and knot, the root cause and symptoms of a disease, pathway of qi and the four seas, which will help readers have a comprehensive understanding of the distribution, internal and external relations of meridian, and the role of acupuncture points. The seventh chapter describes the modern study of the meridians and acupoints, introducing some research results in the study of the meridians and acupoints and substantive views and hypothesis about meridians and acupoints in recent years. There are ballads of common meridians and acupoints in the appendix, for study and reference.

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