



The Spiritual Art of Being Organized

Claire Josefine

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Organizing as a spiritual art?

Yes. After all, being organized is a spiritual process. Chaos is conquered as much by awareness, gratitude, grounding, and breath as by a well-labeled filing system. Simplicity and order are valid -- even crucial -- choices. And they are found within.

Organizing can also be creative and fun. Peppered with poetry, snippets of song lyrics, inspirational quotes, and wisdom from the ages, *The Spiritual Art of Being Organized* is a unique and enjoyable book on organizing. While most organizing authors tell you how to organize your kitchen or your files, Claire teaches you the 12 Basic Principles -- practical and spiritual -- that embody every organizing tip you've ever heard. By learning the "why" instead of just the "how," you can easily organize anything, anytime, anywhere.

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