



Curing Meralgia Paresthetica: How to Recover from Meralgia Pain (Pain Management for Pain Sufferers Book 1)

Godfree Roberts Ed.D.

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'Curing Meralgia Paresthetica' is for people in pain who want immediate relief, long-term cure, and something to discuss with their physician. Written by a Meralgia sufferer, it helps you find your way out of pain quickly and safely. It covers every aspect of finding a cure for Meralgia Paresthetica:

- Diagnosing Meralgia
- Symptoms
- Laura's Story
- Understanding where it comes from and who gets it.
- Emergency treatments for Meralgia
- Night-time strategies for dealing with Meralgia pain
- Walking and sitting with Meralgia
- Long-term Meralgia treatments.
- Natural remedies for Meralgia.
- Pharmaceutical drugs that ease Meralgia symptoms.
- Exercises to relieve and prevent Meralgia symptoms.
- How doctors look at Meralgia (and what they tell each other)
- Meralgia and Pregnancy
- Professional treatments for Meralgia
- Claiming Disability for Meralgia Sufferers (how insurers see you)
- Long-term recovery from Meralgia: the author's personal story

Curing Meralgia Paresthetica is for sufferers and caregivers alike. Meralgia afflicts millions of people world wide every year and is greatly under-diagnosed. Now, every shred of information about this painful affliction has been gathered under one roof.

There are strategies and treatments here that will improve anyone's symptoms.

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Michelle Dewees:

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Clara Gay:

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Staci Luton:

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